



Top 5 Ways to Prepare for a Good Divorce

- 1. Educate yourself.** Divorce is one of the most difficult decisions that you will ever have to make. You want to know about your options. Searching online or at the bookstore is a good place to start and will give you a wealth of information on topics like child custody, your legal rights, finances, parenting plans, etc. Consulting professional resources will clarify even more the issues that you will need to deal with and options for support as you proceed.
- 2. Establish Privacy.** Establish a new (private) email account and take care when using a shared computer, keeping in mind the search history capability that can be accessed.
- 3. Gather Information.** Gather and make copies of your financial information and personal documents. These documents include your bank statements, tax returns, investments, retirement accounts, social security cards, passports, licenses, insurance policies, etc.
- 4. Make a Budget.** Understand your current household budget and start developing a plan for moving forward regarding future expenses as you move through the divorce process and into a single family household.
- 5. Take the High Road.** You may be tempted to speak poorly of your spouse in front of your children and to family and friends. Be selective about what you share and with whom you share it, especially on social media. You cannot "unring the bell."
Ultimately, you want to be able to have decency between you and your soon-to-be ex-spouse after the divorce. Start planting those seeds now, keeping in mind that the way that you feel about your spouse now will probably change over time.

This time in your life does not have to be as painful if you are prepared. My specialty and passion is to help people just like you work your way into your new life.

Contact me today for a free consultation.

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